



720-B Highway 17 North  
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www.KarateWorld55B.com

### Karate World: Black Belt Test Information

- Students should know all curriculums from “no belt” to 1st degree Brown Belt. In addition, s (he) must complete a minimum of 40 repetitions of the following exercises in 2 minutes for each exercise, push-ups, sit ups, lunges, throw downs, and mountain climbers.
- Students must complete a one mile run in 8 minutes or less.
- Students will write a paragraph on the following styles: Karate, Tae Kwan Do, Judo, Jiu Jitsu, and Kung Fu. The information for each style should include Country of Origin, the meaning of each name translated to English, and a brief description of what each style looks like when it is performed.
- Students will write one paragraph on “What the Martial Arts has done for me”
- Students who have already earned a Pee Wee Black Belt, or higher, have already written reports on the styles listed above. For these students, they will need to pick three other styles of Martial Arts and include the same required information as stated above – as well as include one paragraph about “What Martial Arts has done for me”
- Students are required to hand in the reports on the last class they attend before the Black Belt Test. Students must know the information written in their reports as they will be orally quizzed in class and on the day of Black Belt testing.
  - All Student tuition must be current in order to be tested.
  - Students earn the privilege to wear black Gi pants once they have become a Black Belt.

*Master Jason McCormick, Owner of Karate World - Surfside Beach*

**Black Belt Test: \$100.00** - includes Black Belt test, Black Belt with Rank, and an official Karate World Black Belt Certificate.

*Please make checks payable to: Jason McCormick*